

**** FAX this order form to St. Anthony's Heart Specialty Associates' office location preference ****

<input type="checkbox"/> Kirkwood Office Phone: (314) 842-0602 Fax: (314) 843-8149	<input type="checkbox"/> Electrophysiology Phone: (314) 692-2807 Fax: (314) 991-0727	<input type="checkbox"/> Shrewsbury Office Phone: (314) 842-0602 Fax: (314) 880-6677	<input type="checkbox"/> South County Office Phone: (314) 842-0602 Fax: (314) 843-8149
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PLEASE SCHEDULE: within 24 hours within 72 hours patient's earliest convenience

Patient's Name: _____ D.O.B. _____ Weight: _____

Phone Number to Contact (9 am to 5 pm): _____ Alternate Phone: _____

Provider's Name & Signature (Required): _____ (MD, DO, DPM, NP, or PA)

Provider's Phone Number: _____ Date: _____

TEST(S) / SERVICES ORDERED: (circle all that apply)

- | | |
|---|---|
| 1. Nuclear Walking Stress | 13. Venous Doppler (R/O DVT)
<input type="checkbox"/> Bilateral <input type="checkbox"/> Left Leg <input type="checkbox"/> Right Leg |
| 2. Nuclear Non-Walking Stress (Lexiscan) | 14. Renal Doppler Ultrasound
(Hypertension, R/O Renal Artery Stenosis) |
| 3. Stress Echocardiogram (Walking test) | 15. Venous Reflux Study (Pain in legs, Varicose veins, Edema) |
| 4. Dobutamine Stress Echo (Non-walking test) | 16. Abdominal Aorta Ultrasound
<input type="checkbox"/> AAA Screening |
| 5. Treadmill Exercise Stress Test
(Walking test without images) | 17. Transesophageal Echo (TEE) |
| 6. 2D Echocardiogram with Doppler | 18. New Patient Consultation _____
<input type="checkbox"/> Vein Center Consult <input type="checkbox"/> Hypertension Clinic Consult |
| 7. Left Ventricular Function
<input type="checkbox"/> Echocardiogram | <input type="checkbox"/> Heart Failure Clinic Consult <input type="checkbox"/> Cardiology |
| 8. Electrocardiogram (EKG) | 19. Other: _____ |
| 9. Holter Monitor (24 hours) | |
| 10. Event Monitor (30 day recording) | |
| 11. Carotid Ultrasound | |
| 12. Peripheral Arterial Doppler (Claudication)
<input type="checkbox"/> Arms <input type="checkbox"/> Legs | |

REASON for REFERRAL (circle all that apply)

Abdominal Aortic Aneurysm	Claudication / P.V.D.	Pre-Op Clearance	TIA / CVA
Abnormal EKG	Dizziness / Syncope	Shortness of Breath	Varicose Veins (painful)
Aortic Atherosclerosis	Heart Failure	Swollen legs	Spider Veins
Aortic Enlargement	Hypertension	Other: _____	(Indicate any abnormal test results or additional symptoms)
Bruit: <input type="checkbox"/> Carotid <input type="checkbox"/> Aorta	Multiple Risk Factors		
CAD	Murmur		
Chest Pain	Palpitations		

FOR HSA OFFICE USE

Patient's Appointment Date: _____ Time: _____

HSA Dr. _____ HSA Site: _____ Scheduled By: _____

Patient's Primary Insurance: _____ Secondary Insurance: _____

Referral/Pre-cert Status: N/A Please send referral/pre-cert HSA has received referral/pre-cert

PATIENT INSTRUCTIONS ON BACK OF YELLOW SHEET

03 MD ORDERS



ST. Anthony's
HEART SPECIALTY ASSOCIATES

St. Louis, Missouri 63128

REFERRAL FORM

ORIGINAL - ORDERING PHYSICIAN COPY

YELLOW - PATIENT COPY: REFER TO PATIENT INSTRUCTIONS ON BACK

7410-0007-HIM (08/16)

Instructions for all Patients:

St. Anthony's **Heart Specialty Associates** are pleased to provide the cardiovascular services your doctor has ordered.

- CALL our office at your earliest convenience so we can promptly schedule your appointment.
- Prior to your appointment, our office will contact you to review test instructions and answer questions. Be prepared to discuss daily medications (especially heart, blood pressure, diabetic medications and inhalers/nebulizers) to confirm medications instructions for the day of the testing. **Visit our website at www.heartspecialty.com for additional information.**
- **Day of the Appointment and Testing:**
 - Bring this form, insurance cards, photo ID and insurance referral (if required).
 - Bring a list of your current medications and daily dosing for each.
 - Wear a comfortable two-piece outfit and comfortable shoes suitable for exercise.
 - NO SMOKING two hours prior to test, remove nicotine patches the morning of test.
- **TEST RESULTS** will be reported to the ordering physician.

IMPORTANT: PLEASE REFER BELOW FOR INSTRUCTIONS SPECIFIC TO YOUR ORDERED TEST.

1. Nuclear Walking Stress AND 2. Nuclear Non-Walking Stress (Lexiscan)

Approximate office time is 3 to 3 1/2 hours. An IV will be used to administer radioactive tracers for the test.

- NO CAFFEINE for 24 hours prior to test. This includes coffee (regular and decaffeinated), tea, soda, chocolate, or medicine containing caffeine (i.e. Anacin, Excedrin) and no smoking 2 hours prior to test.
- INHALERS/NEBULIZERS should use them the day of your test as prescribed. If you have Albuterol/Proventil inhaler please bring with you and have available throughout the entire test.
- ONLY for NUCLEAR Non-Walking STRESS Patients - Do NOT take the following products 48 hours prior to appointment: Aggrenox, persantine (dipyridamole), and theophylline medications such as Quibron, Constant-T, Primatene, Slo-phyllin, Theo-Dur, Uniphyll or Pentoxifylline, Trental, and Pletal-Cilostazol.
- **If your Nuclear Walking Stress or Nuclear Non-Walking Stress (Lexiscan) is BEFORE 11:00 a.m.:**
No food or drink after midnight the night before, other than water to take your normal medications.
Diabetic Patients: Diabetic medications (insulin or oral) should **not** be taken as prescribed. Instead, please bring your diabetic medication to the appointment along with a snack. Diabetic medication and snack will be taken during the break time midway through the test.
- **If your Nuclear Walking Stress or Nuclear Non-Walking Stress (Lexiscan) is AFTER 11:00 a.m.:**
Only eat 2 pieces of dry toast or 1 bagel with no condiments and 4 ounces of juice (if desired) 4 hours prior to your appointment time. AVOID caffeine products. NO DAIRY products. Please take your morning medications according to your daily schedule, unless instructed otherwise.
Diabetic Patients: Oral medications should not be taken, however, patients using insulin should take one-half of your normal insulin dose with your breakfast. Please bring diabetic medication (insulin or oral) to the appointment along with a snack. Diabetic medication and snack will be taken during the break time midway through the test.

3. Stress Echocardiogram OR 5. Treadmill Exercise Stress Test (Walking Test) Approximate office time is 1 hour. Do not eat, drink, or smoke 2 hours prior to test. Wear comfortable walking shoes.

4. Dobutamine Stress Echo (Non-Walking) Approximate office time is 2 hours. An IV will be used to administer medications for the test. Do not eat, drink or smoke 2 hours prior to the test.

6. 2D Echocardiogram with Doppler, 7. LV Function (Echocardiogram), 8. Electrocardiogram EKG, 9. Holter Monitor, 10. Event Monitor, 11. Carotid Ultrasound, 12. Peripheral Arterial Doppler, 13. Venous Doppler

Approximate office time is 1 hour. No special instructions or preparation needed. Holter Monitor – No shower while wearing this monitor.

15. Venous Reflux Study Approximate office time is one (1) hour.

- Do not wear support hose 3-5 days before the test.
- Try to be on your feet as much as possible on the day of the test.
- Drink lots of water. (try to consume 3 liters)
- Avoid caffeine and alcohol 24 hours before the test.

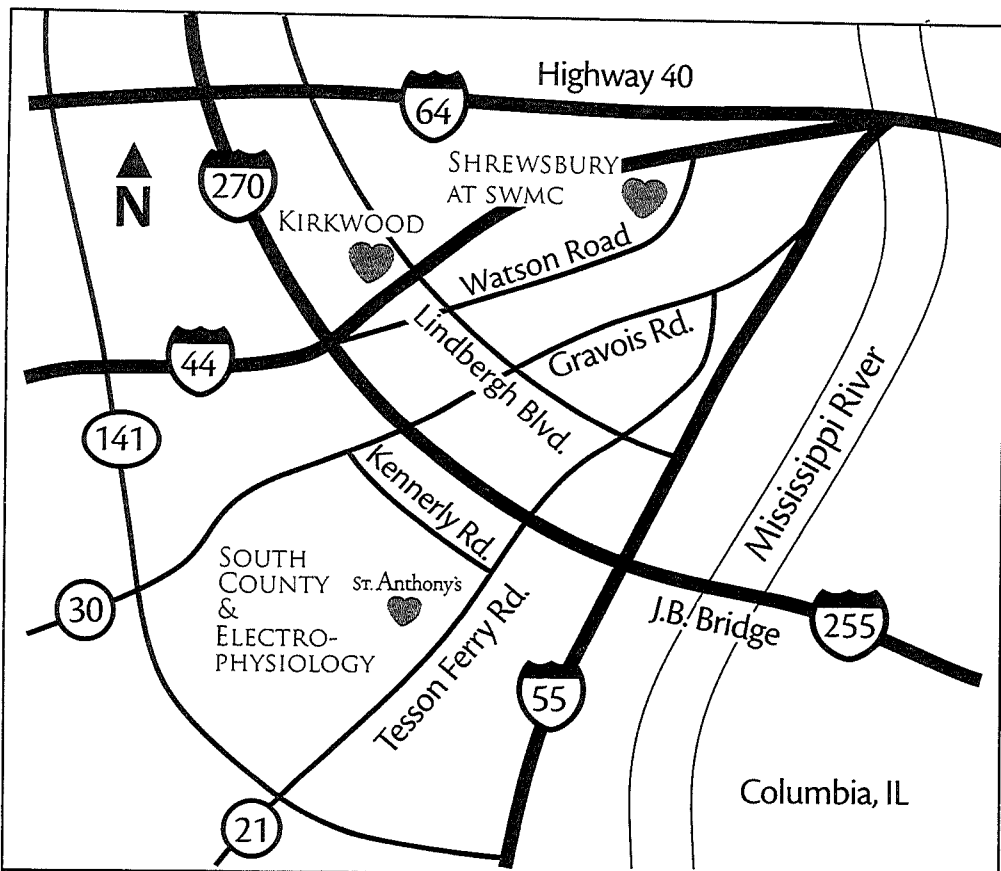
16. Abdominal Aorta Ultrasound or 14. Renal Doppler Ultrasound Approximate office time is 1 hour. Do not eat or drink after midnight - NOT even sips of water. Hold morning medications until after exam.

17. Transesophageal Echo This test is performed in a hospital setting. Please contact our office for further information and scheduling coordination.

Farhaan A. Ahmad, MD
Christopher L. Allen, MD, FACC
Gregory W. Botteron, MD
Charles F. Carey, MD, FACC
Duck Sung Chun, MD, FACC

Edward D. Coverstone, MD
Dennis L. Disch, MD, FACC
David J. Dobbmeyer, MD, FACC
Leonard F. Fagan, Jr., MD, FACC
Michael G. Goldmeier, MD, FACC

Rajiv R. Handa, MD, FHRS
Ben Morrison, MD
James M. Perschbacher, MD, FACC
Michael L. Shapiro, MD, FACC
Gus Theodos, MD, FACC



CHECK LOCATION

- **South County Office**
10012 Kennerly Road
Physicians Office Center
Suite 300
St. Louis, MO 63128
(314) 842-0602
- **Electrophysiology**
10012 Kennerly Road
Physicians Office Center
Suite 202
St. Louis, MO 63128
(314) 692-2807
- **Shrewsbury Office**
7345 Watson Road
Suite LL1
St. Louis, MO 63119
(314) 842-0602
- **Kirkwood Office**
1001 South Kirkwood Road
Suite 310
Kirkwood, MO 63122
(314) 842-0602

DIRECTIONS

South County Office & Electrophysiology:

Interstate 270/255 to Tesson Ferry Road. South on Tesson Ferry for 1.0 mile. Turn right on Schuessler Road (this is the back entrance to the hospital campus). Turn right into St. Anthony's campus off of Schuessler Road. Our offices are located in the Physicians' Office Center that is attached to the only parking garage on the campus.

From Illinois – Interstate 255 South, exit left towards St. Louis County, merge onto I-270 North. Take the Missouri 21 South Exit 2. Turn left (south) on Tesson Ferry Road for 1.0 mile. Turn right on Schuessler Road (this is the back entrance to the hospital campus). Turn right into St. Anthony's campus off of Schuessler Road. Our offices are located in the Physicians' Office Center that is attached to the only parking garage on the campus.

Parking for South County Office:

You may park in the surface lot or the parking garage (free of charge). If you park on the surface lot, enter directly into the lobby of the Physicians' Office Center. Signage is available to direct you. If parking in the garage, take the elevator at the back of the garage to the 3rd floor, exit left, and take the hall to Suite 300. St. Anthony's Heart Specialty Associates of South County will be on the right side of the hall.

Parking for Electrophysiology:

You may access Electrophysiology by taking the parking garage elevator to the 3rd floor. You will exit left off of the elevator, go down the hall to the elevators by the café, take building elevator to 2nd floor, and exit to your left off the elevator. Suite 202, St. Anthony's Heart Specialty Associates of Electrophysiology, will be on the right side of the hall.

Shrewsbury Office:

Take Highway 44 east to exit 280/Elm Ave. Turn right onto Elm Ave for approx. 1.2 mi. Turn left onto Watson Rd for approx. 2.5 mi. Arrive at your destination on the left. The building is located on the west end of MacKenzie Pointe), Lower level – Suite LL1. If you reach the Dierbergs store at MacKenzie Rd, you've gone too far.

From Illinois – Interstate 255 South, take exit 1B toward St. Louis onto I-55 N for approx. 2.6 mi. Take exit 199 Reavis Barracks Road. Turn left onto Reavis Barracks Rd; continue onto MacKenzie Rd for approx. 3.2 mi. The Dierbergs store will be located straight ahead in MacKenzie Pointe. Turn left onto Watson Rd for approx. 0.2 mi. The building is located on the west end of MacKenzie Pointe), Lower level – Suite LL1. If you reach the railroad tracks, you've gone too far.

Kirkwood Office:

Interstate 270 South to Big Bend Blvd. Rd. * Take exit 7 toward Big Bend Rd. Turn left onto Big Bend Rd for approx. 1.8 miles. St. Anthony's at the Kirkwood Campus is on the right, at the corner of Kirkwood Road & Big Bend Blvd.

– OR –

Interstate 44 to exit 277B Lindbergh Blvd. Turn left onto S Kirkwood Road. Turn left onto Big Bend Rd. St. Anthony's at the Kirkwood Campus is located on the left corner of Big Bend Blvd. and Kirkwood Road.

***NOTE:** There is NO access to Big Bend Boulevard (Exit 7) when traveling northbound on I-270.

From Illinois – Interstate 255 South continue on I-270. Take exit 5A toward US-50 E/St. Louis onto I-44E for approx. 1.7 mi. Take exit 277B Lindbergh Blvd. Turn left onto S Kirkwood Road. Turn left onto Big Bend Rd. St. Anthony's at the Kirkwood Campus is located on the left corner of Big Bend Blvd. and Kirkwood Road.